

See me, hear me!

SEXUAL EXPLOITATION IS A CRIME

**Information,
help and support**



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SeeMe-HearMe

West Midlands CSE Partnership website for further information and advice about CSE visit www.seeme-hearme.org.uk



PACE

Parents Against Child Sexual Exploitation - support for concerned families visit www.paceuk.info



Childline

Visit childline.org.uk to have an online chat with a counsellor or call 0800 1111



NSPCC

Advice and support - call 0808 800 5000 or visit www.nspcc.org.uk



National CSE Helpline

A 24/7 helpline for people to call or text anonymously, call 116 000



This is Abuse

Information on abusive relationships for teenagers, visit www.thisisabuse.direct.gov.uk

I don't know how i got here! It all seemed to happen so fast...

FIGURE OUT MY STORY AND MAYBE YOU CAN STOP ME FROM ENDING UP IN THIS ROOM - HELP ME

To watch the film and change the ending of this story visit www.seeme-hearme.org.uk/films

The sexual exploitation of young people is hidden from view. Vulnerable girls and boys are groomed and then abused, often by people they trust. If you are worried that you or someone you know is being sexually exploited call the **Police on 101**, confidentially text or call **Say Something on 116 000** or call **Crimestoppers on 0800 555 111**. In an emergency dial **999**.



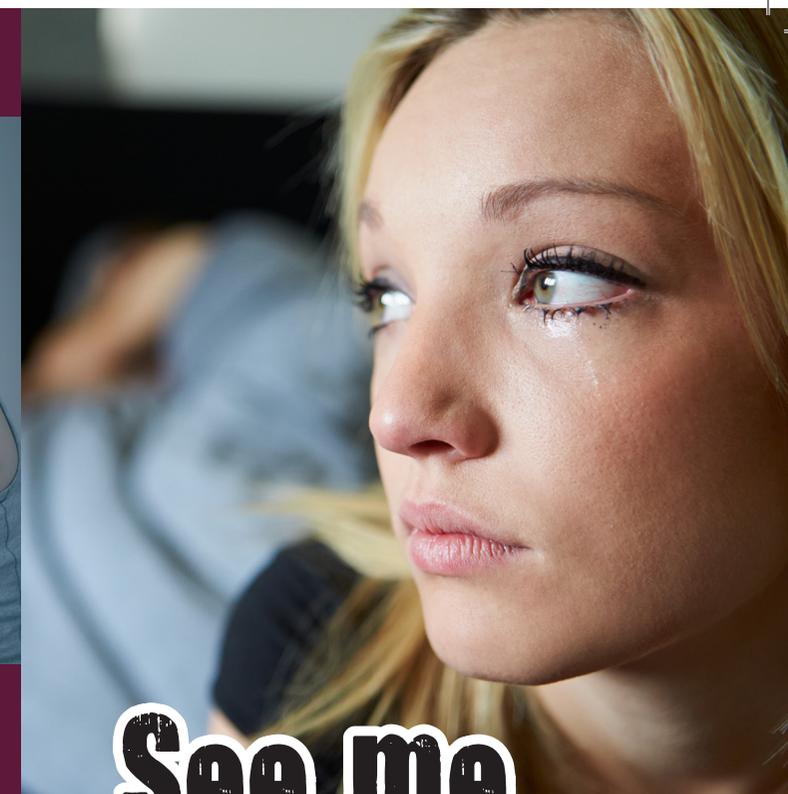
SeeMeHearMeWM



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SeeMeHearMe



**See me,
hear me!**

SEXUAL EXPLOITATION IS A CRIME

We need your eyes, ears and action!

Child sexual exploitation (CSE) is a form of sexual abuse and it is against the law. It involves perpetrators grooming their victims in various ways, such as in person, via mobile phone or online to gain their trust before emotionally and sexually abusing them for their own gain.

www.seeme-hearme.org.uk



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SEXUAL EXPLOITATION IS A CRIME

Are you a parent?

Child sexual exploitation can be hard to identify and a change in behaviour in a young person may often seem like normal teenage behaviour. But for some, these could be the signs of something far more serious.

It's not always easy to know what young people are up to and abusers know how to manipulate and groom their victims.

A young person may feel they are in a loving relationship, or having a great time, while perpetrators will often seek to break the bond between the child and their family.

As a parent, be aware of the **WARNING SIGNS**

TALK TO YOUR CHILDREN



Children and young people need to know they can talk to you about anything. Talk to them about healthy relationships and how they can protect themselves if they are in a difficult situation.

Encourage them to talk about things that are bothering them, even if they think you'll be upset or cross. Perpetrators rely on victims feeling shame or guilt to keep them silent. Be in the habit of talking to them about what they're doing and who their friends are. Reassure them it's ok to talk to you or another trusting adult if they feel threatened or concerned.

TAKE AN ACTIVE INTEREST IN THEIR ONLINE LIFE



Talk about the sites they use and the importance of not giving out personal information or meeting anyone in person they have only met online. Discuss the dangers of posting sexual images online and through 'sexting'.

Are you a young person?

Child sexual exploitation is when someone makes you, or manipulates you, into doing something sexual for the benefit or enjoyment of themselves or others. It may be someone you consider to be a boyfriend or girlfriend. It could be someone you've just met or a group of new friends you're now hanging out with. It could be someone you've met online.

THEY MAY FORCE YOU TO DO SEXUAL THINGS SUCH AS:

- having sex with them or other people
- doing something sexual to them or other people
- being touched in a way that makes you feel uncomfortable
- looking at sexual images or asking you to take sexual photos of yourself or share them online or by text
- watching them do something sexual

IN RETURN THEY MAY:

- buy you gifts
- give you money
- give you lots of attention, making you feel special
- tell you they love you
- take you out
- give you somewhere to stay
- hurt or threaten to hurt you
- make you feel guilty

REMEMBER - no one should ever hurt, frighten or expect you to do sexual things you don't want to. If you are worried about something that is happening to you or someone you know, help is available.

Are you a professional?

If you work or come into contact with young people, whether in an employed or voluntary capacity, then you have a duty of care towards them. You could work in a library, a leisure centre, a health centre or clinic, a GP surgery or anywhere where you regularly come into contact with children and young people.

WHEREVER YOU ARE, IT IS YOUR RESPONSIBILITY TO MAKE SURE YOU AND THOSE YOU WORK WITH:

- know and understand what child sexual exploitation is
- recognise the warning signs
- know who to contact and how to report concerns

HOW TO SPOT THE WARNING SIGNS



A young person who is being sexually exploited may show a range of behaviours or warning signs that may indicate they are a victim or at risk of child sexual exploitation.

One of the best ways you can help a child at risk is to be aware of the signs to look out for and share these signs with others.

Change in **APPEARANCE AND BEHAVIOUR**

Having **SEXUAL RELATIONSHIPS**

Going **MISSING/HOMELESSNESS**

Having **ITEMS OR MONEY WITHOUT EXPLANATION**

Find out more at

www.seeme-hearme.org.uk



If you have concerns call West Midlands Police on 101



In an emergency always call 999

